

Conceptual Development of Sahmgozari Lifestyle Indicators Based on the Opinions of Allameh Javadi Amoli

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Purpose: The purpose of this research is to compile indices of the shareholder lifestyle based on the works of Allameh Javadi Amoli and to examine its role in creating changes at the third level of counseling.

Method: It was done through the classic hermeneutic method based on Schleiermacher's theories. Therefore, in this research, we went to the works and writings of Allameh Javadi Amoli in the interpretation of Tasnim, as well as her opinions in the exegesis of jurisprudence from 1391 to 1395, which was selected using the purposeful sampling method.

Findings: The findings of the present research showed that the third-level change in awareness and perception centered on "the role of effective manifestation and purposeful expansion" is the underlying factor of action based on the principles of the Sahmgozari lifestyle. These principles include the principle of agency, selectiveness, meaning-based, harmonization with goals, principle-based, intention-oriented, respect-based, responsibility-based, security-based, respect-based, formative relationships, bond-making, and the principle of the best role-playing. In this way, achieving the third level change in human beings causes the perception of a person and his type of worldview around himself, the future, the world, his own roles, expectations and desires to change in such a way that instead of focusing on participation and productivity Only in relationships, move towards playing your best role and try to expand yourself in a purposeful way.

Conclusion: As a result, when a Sahmgozar person acts based on the principles of Sahmgozari and achieves this type of lifestyle, it becomes easier for her to achieve personal and social growth and development.

Keywords: Sahmgozari approach, Sahmgozari lifestyle, Allameh Javadi Amoli's opinions, third level counseling changes, hermeneutic method